

Home Health Agencies

Ruidoso Home Care & Hospice 258-0028

Hospice Agencies

Ruidoso Home Care & Hospice
258-0028

Hospital

Lincoln Cty Medical Center
257-8200

Health Department

258-3252

Has a breast and cervical cancer screening program available for women with low-income or no insurance

State Agency on Aging

1-800-432-2080

Prescription Drug Assistance
Info/Help Medicare/Medicaid

Transportation

Lincoln County Transit 257-1188

SAFE RIDE 1-800-763-0208

Safe Ride Scheduling 1-800-797-7433

Shuttle Ruidoso 257-1815

(Some Senior Centers will provide prearranged transportation upon request for Dr. appointments and grocery shopping)

Dollar Cab (Medicaid Only) 937-6803

V.A. INFORMATION

V.A. Alamogordo 437-9195

V.A. Albuquerque 1-800-465-8262

V.A. Regional 1-800-827-1000

V.A. El Paso 1-800-672-3782

Substance /Addiction Abuse Services

Substance Abuse Services 257-8942

Counseling Center 257-5038

Mescalero Responsible

Gaming Program 464-7106

Senior Citizens Centers

Ruidoso 257-4565

Ruidoso Downs* 378-4659

Capitan* 354-2640

Carrizozo* 648-2121

Hondo/San Patricio* 653-4405

MEALS ON WHEELS 378-4659

*Some Senior Centers provide meals at lunch and/or Meals-on- Wheels for the homebound

Medical Equipment/Oxygen

Frontier Medical 257-2536

LinCo Medical 257-7174

Pharmacies

Lawrence Bros. 630-8020

Walgreen's 257-1566

Wal-Mart 378-5400

Health Foods/

Supplements/Herbs/Vitamins

The Wild Herb Market 257-0138

The Herb Stop 257-0333

Health Clubs

Curves for Women 258-1111

Southwest Personal Fitness 257-5902

Ruidoso Athletic Club (RAC) 257-4900

Miscellaneous

Adult Protective Svc. 1-866-654-3219

Alzheimers Assoc 1-800-777-8155

Indigent Fund 258-1232

Income Support Division 378-1762

LaGrone's Funeral Chapel 257-7303

Mescalero Care Center 464-4802

Parish Health Ministries 257-4170

Ruidoso Home Care

Hospice Foundation 258-0028

New Mexico Council on

Problem Gambling 1-800-572-1142

LINCOLN COUNTY HEALTH CARE RESOURCE GUIDE

Provided By



**RUIDOSO HOME CARE
& HOS-**

Home Health Care at its Very

PO Box 2019
Ruidoso, NM 88355

575-258-0028
FAX 258-2648

www.rhch.org

EMERGENCY NUMBERS

Ruidoso Police 911

Lincoln County Sheriff 911

Ruidoso Police

Non-emergency 258-8290

Crime Stoppers 258-7300

L.C. Sheriff

Non-emergency 258-5607

POISON CONTROL CENTER

1-800-222-1222

Primary Care Physicians/Family Practice

Dr. Arlene Brown 257-7712
 Jean Monske, CNP 257-7712
 Dr. Michael Clements 258-3811
 Dr. Frank DiMotta 630-1214
 Dr. Mary Martinez 630-8350
 Dr. Stephen Otero 630-8350
 Dr. Chris Robinson 630-8350
 Suzanne Dennehy, CNP
 Dr. Walter Seidel 257-3681
 (Capitan Office) 354-2254

Nurse Practitioners

Rose Clinic 354-0507
 Suzanne Carden, CNP
 Carrizozo Health Clinic 648-2317
 Naomi West, CNP
 Internal Medicine Assoc 630-8350

Cardiology

Dr. Fundador Adajar 622-2524
 Dr. John Batty 1-800-715-6644
 Dr. Harold Sunderman 1-800-734-4278
 Dr. Barry Ramo 1-800-888-6642
 Dr. Zoltan Toth 622-2524

Dentists

Carrizozo Dental Clinic 648-2317
 Children's Dental Clinic 257-0246
 Patrick Coyne, DDS 257-9053
 Dylan Midkiff, DDS 257-1136
 Allen McGinness, DDS 257-0246
 John Bennett, DDS 257-5179
 Sally Waters, DDS 258-3388

Dermatology

Dr. John Henry 624-2330

G.I. (gastroenterology/digestive)

Dr. Frederick French 1-888-353-4175

Mental Health

Crisis line 1-800-634-3666
 Counseling Center 257-5038
 Heritage Program (seniors) 257-0491
 Mirasol Counseling 258-4708

Neurology

Dr. John Simmons 434-0901

Oncology

N.M. Oncology Hematology 257-8068
 Dr. McAneny, Dr. Campbell-Fontaine
 Karen Zoller, CNP
 Otero Oncology, Dr. Korec 437-8126

Orthopedics (bones, joints)

Dr. John Anderson 257-7632
 Dr. Douglas Dodson 257-7632
 Dr. Eric Freeh 257-7632
 Dr. Allan Rickman 257-7632
 Dr. Daniel Junick 505-724-4300

OB/GYN

Dr. Deborah Hewitt 257-7505
 Dr. Keri Rath 630-4200

Podiatry

Dr. John Anderson 257-7632

Ophthalmology (eye)

Family Vision Center 257-5029
 Dr. Gutowski, Dr. Sonnenmoser
 Ruidoso Eye Clinic 257-9300
 Dr. Paul Gulbas 1-915-542-0279
 Lincoln County Eye Ctr. 257-5512

ENT (ear, nose, throat)

Dr. Timothy Frost 437-4533

Physical Therapy (Outpatient)

Lincoln County
 Medical Center 257-8239
 Therapy Associates 257-5820
 Ruidoso Physical Therapy 257-1800

Surgery

Dr. Lindsey 630-4200

Acupuncture

Dr. Janet La Rosa, DOM 258-3739

Chiropractic

Joseph Fraley, D.C. 258-5999
 Bruce Klinekole III, DC 257-7970
 McMinn Chiropractic 257-6111
 Jon Ogden, D.C. 258-3725

Personal Care

Community Home Care 258-1986
 Helping Hands 354-0364

Assisted Living Facilities

Casita de Cura 336-1312

Health Care/Healing Centers

High Mesa Healing Center 336-7777
 Rejuvenation Through 630-3739
 Natural Healthcare
 Village Wellness 257-9994

Licensed Massage Therapists

Rebecca Forster 937-2075
 Mountain Massage &
 Healing Arts, Patti Gray 937-2304
 Pamela Jamison 257-6435
 Tresa Moore-Jamison 937-0518
 Lu Anne Rochester 937-4444
 Jessica Sherman 258-5500
 Dr. Janet La Rosa 630-3739

Biofeedback

Living Energies 258-5855

